

SWIM | SWEAT; FOR SINAI | FOR SINAI



How can I participate?

If your camp participates in **SWIM for SINAI** or **SWEAT for SINAI**, you're all set!

- 1. GET SPONSORS!** Ask your family, friends, relatives and neighbors to sponsor you, and raise money for SINAI Schools!
- 2.** Fill out your envelope form. Write down your sponsors' names, addresses, and emails, and how much they are donating to SINAI. **Please write clearly!**
- 3.** Swim or run with your friends on your camp's **SWIM for SINAI** or **SWEAT for SINAI** day.
- 4.** Submit your envelope to your counselor with all of the checks, cash, or email donations collected.
- 5.** Choose a great prize!

How do I win a prize?

If you raise at least \$5, you will win a prize. The more you raise, the greater the prize. Prizes are listed on the enclosed prize sheet. *Please note that your prize is based on money received; pledges alone do not count.*

When do I get my prize?

Prizes will be delivered by the last week of camp.

How can my sponsors donate to SINAI?

Your sponsors can give you cash, a check made out to "SINAI Schools," or they can sponsor you online at www.SWIMforSINAI.org or www.SWEATforSINAI.org

What if I miss that day at camp?

If you miss your camp's **SWIM for SINAI** or **SWEAT for SINAI** day, you can go swimming or running with your family or friends and have your parent sign your sponsor sheet, and you will still be eligible for your prize!



For more information visit:

www.SWIMforSINAI.org or www.SWEATforSINAI.org
or email Deena at DeenaWertman@gmail.com

www.sinaischools.org